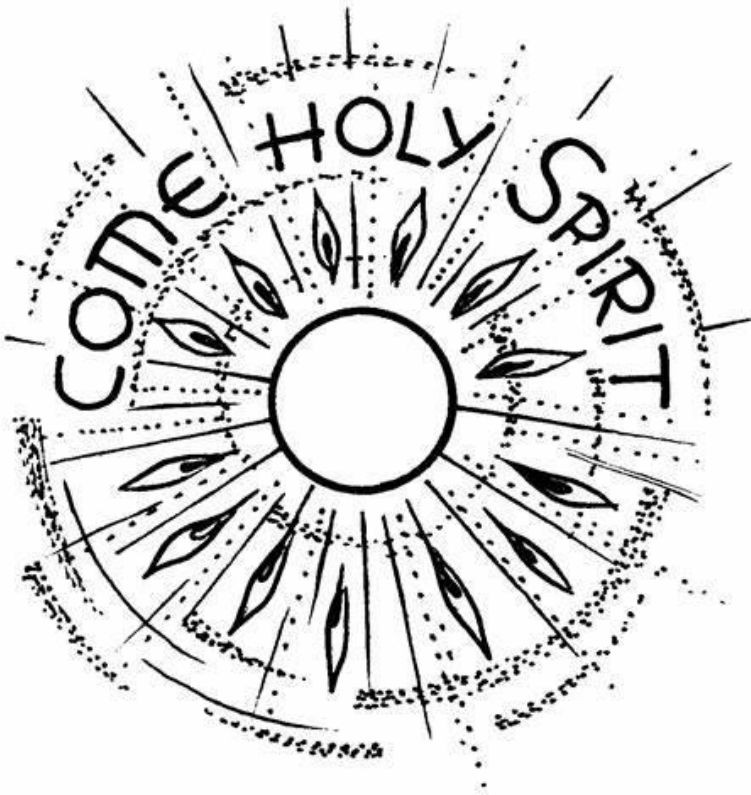


*Discern...Encounter...Understand...Send!*

Preparing to Receive the  
Sacrament of Confirmation  
2021-22



St. Joseph Parish High School Ministries  
Menomonie

## Sacrament of Confirmation

In the Sacrament of Confirmation, the baptized person is "sealed with the gift of the Holy Spirit" and is strengthened for service to the Body of Christ. Confirmation is necessary for the completion of baptismal grace. (CCC 1285)

It completes the promises made by parents, sponsors, and the Church community in raising the newly Baptized to know, to love and to serve God throughout their lifetime.

## Preparing for the Sacrament

When preparing to receive the Sacrament of Confirmation, many components are offered to deepen the faith of each candidate through:

- Catechetical Sessions
- Youth Group & Community Service
- Prayer and Liturgical Participation
- Choosing/Researching the Life of a Relatable Saint
- Retreat Experiences
- **AΩ** Meetings with Program Leaders & Fr. Mano
- Parental Formation & Support



# TWO-PART, Flex-Scheduled Programming

## Part 1: Sunday Mornings Catechetical Sessions

Monthly, calendared sessions that challenge teens to grow deeper in their understanding of faith themes already introduced in earlier formation programs.

- CATECHETICAL SESSIONS...Meet monthly beginning with the 8:30 AM Mass, then Sunday Donuts, followed by the formation session. Meets in Parish Center from 9:30-11 AM.
- LITURGICAL MINISTRY...Youth will participate in the Mass and will have the opportunity to explore several ministries of the Church. Training will be offered once classes begin.

## Part 2: Wednesday Night Programming

As a compliment to the monthly session, youth will participate in youth group activities, discussion, and prayer experiences relevant to this journey of faith.

- YOUTH GROUP...Meets on the 3<sup>rd</sup> Wednesday of each month. Gather for activity, discussion, and Catholic prayer experiences. Conversation will use a variety of resources including, Decision Point (by Dynamic Catholic), as a guide to conversation and discernment. Meets in Parish Hall from 6:30-8 PM
- SERVICE & MISSION NIGHTS...1<sup>st</sup> Wednesdays of each month are also reserved for any additional Service & Mission Nights. As the year unfolds, youth will have the opportunity to gather for serving in our community.



**Parent Faith Mentors** - Parents will be asked to serve as Faith Mentors by assisting during our sessions as small group facilitators. At our first meeting, parents will sign up for date(s) that work for them. Commitment depends on class size/needs and will include:

- Attending a Zoom meeting with CORE Team prior to the session you are assisting.
- Attending Mass and then the Sunday Session to facilitate a small group of teens in discussion.



**Retreat** - Candidates will have the opportunity to participate in various retreat opportunities throughout the year. These will be presented by the parish for our youth. Additional retreat fees & permission may be required.



**AΩ Meetings** - Candidates will set a time to meet with a CORE Team member at the beginning of their Confirmation year AND with Father Mano closer to Confirmation.



**Resources for Teens...**Resources for our youth are made possible through fees and the generosity of the St. Joseph Parish Council of Catholic Women (PCCW), Anonymous Parish Donors, and a grant from the Bishop's Education Endowment Trust (BEET).

- [Breakthrough Bible](#) (SMP)
- [YouCat](#) (Youth Catechism of the Catholic Church)
- [Decision Point](#) by Dynamic Catholic

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Questions?...

Please contact Jen Engel, DRE-Youth  
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